



Travel and Arrival Protocol – August 2022

Students In Our Homestay, Private Homestay AND Students Arriving with Parents

Our first priority remains the health and safety of our students, host families and school communities. It is important to note that Canadian educational institutions must follow the regulations and recommendations of various authorities, including the government of Canada, provincial and local public health authorities. These recommendations are subject to change.

Fortunately, travel has become somewhat simpler in the past few months. However, there are still COVID related requirements and cautions to be aware of, as well as some considerations at Customs and Immigration for those arriving in August.

Please read the information in this booklet carefully.

Whenever possible, the Vancouver airport should be the first port of entry into Canada for students. **If a transfer within Canada is necessary, please ensure there is AT LEAST 4 hours to complete the transfer.**

Currently, due to quarantine and health related considerations, all students arriving into our homestay program must be fully vaccinated. Students arriving with their parents and into private homestay situations are not required to be fully vaccinated. However, they do need to be aware of the risks and adhere to all testing and quarantine requirements.

To be considered fully vaccinated two doses of one of the following vaccines is required -

- AstraZeneca/COVISHIELD (ChAdOx1-S, Vaxzevria, AZD1222)
- Bharat Biotech (Covaxin, BBV152 A, B, C)
- Medicargo Covifenz

- Moderna (Spikevax, mRNA-1273)
- Novavax (NVX-COV2373, Nuvaxovid, Covovax)
- Pfizer-BioNTech (Comirnaty, tozinameran, BNT162b2)
- Sinopharm BIBP (BBIBP-CorV)
- Sinovac (CoronaVac, PiCoVacc)
- or a single dose of the Johnson & Johnson (Janssen) vaccine

Combinations of the vaccines above are acceptable

Currently, other vaccines are not acceptable. It is also not accepted to have one dose of the vaccine and proof of recovery for entry into Canada.

You must also –

- have had your second vaccine at least 14 calendar days before travel
- have no symptoms of COVID-19
- have an ArriveCAN receipt with the letter A, I or V beside your name (more on this to follow)

Children under the age of 5 are exempt from vaccinations, pre-entry testing, arrival testing and quarantine. This exemption ONLY relates to the child and not their parents.

Children **aged 5 to 11** must have their proof of vaccination uploaded to the ArriveCAN. If fully vaccinated, they do not need a pre-entry result and do not have to quarantine. However, if selected for arrival testing they must be tested.

Unvaccinated or partially vaccinated children aged 5-11 are not required to have a pre-entry test or quarantine IF they are arriving with a fully vaccinated adult. However, they **MUST** be tested if their parents are selected for testing upon arrival and **MUST** wear a mask in public for 14 days after arrival.

Unvaccinated or partially vaccinated children aged 5-11 arriving with an unvaccinated or partially vaccinated adult must go through the same testing and quarantine procedures as their accompanying adult.

Unvaccinated and partially vaccinated children aged 12 to 17 are only able to join our program in a private homestay situation or with parents. They must complete a 14 day quarantine upon arrival, must do all pre-entry tests, must test upon arrival and complete a test on Day 8 **EVEN** if any adults joining them on the flight are fully vaccinated. They are treated like an unvaccinated adult.

Please also go to the official website that explains the process for vaccinated travelers to enter Canada. It is important to be familiar not just with the information in this package but current official instructions at the time of your travel.

[Current Travel Information from the Government of Canada](#)

Please note that in not following these protocols, students and their parents may be asked to quarantine, asked to proceed with extra testing, be denied entry into the country, be fined by the Canadian Government for non-compliance, or may be dismissed from the program with no refund.

For Action – Please make sure you fill out the form at the back of the package and return it to skang@GoDelta.ca by August 17th, 2022.

Students in Delta Homestay should download What's App to their phones and other devices either before arriving or immediately upon arrival for communication purposes. Secondary students will receive instructions on how to log into their Delta Learns account and are expected to check emails frequently through their time here in Delta. Returning students will already have a Delta Learns account.

Pre-Departure

Communication and Relationship Building Between Homestay and Natural Families (if staying in Homestay)

- Have a Zoom or Skype meeting to get to know one another
- Share how you have been living during the COVID-19 experience and the precautions being taken, as well as your hopes moving forward
- Exchange emails and cell phone numbers and program into phones
- Confirm arrival and airport pick-up plans
- Build relationships and trust between the families
- **Please download What's App before you arrive (when at all possible) and ask your host family to do the same.**

Consider Pre-Purchasing a Canadian cell phone plan and SIM card

- all high school students are required to have a Canadian cell phone number for safety reasons
- One option is to get a Canadian cell number and plan before you come to Canada. A SIM card can be delivered to your home!
- <https://try.gophonebox.com/newarrivals/>
- The other option is that homestays will take the student and help them with this shortly after arrival

Keeping Health Risks Low

- In the lead-up to your departure, keep your social circles minimal, wear a mask, do not go to any large parties or events, etc. We want you to be COVID free when you travel and be able to travel as planned and scheduled and start school on time.
- Please be as up to date as possible with your vaccinations.

Medical Check / Testing

- There is currently no pre-departure testing required for fully vaccinated travellers
- For those in private situations who are not fully vaccinated, please check on what the current departure requirements from your country to Canada

Proof of COVID Vaccination

- You must bring **official** proof of vaccination that shows the following information
 - o Your name and date of birth
 - o Details of your first dose (date, country and vaccine name)
 - o Details of your second dose (date, country and vaccine name)
 - o Details of any subsequent doses (date, country and vaccine name)
 - o This document must be in English or French or be translated by a certified translator and stamped accordingly with their credentials
- We recommend that you have BOTH a digital and paper copy. You must have these copies with you throughout your stay here in Canada
- Once here, we will also help you get your Canada Proof of Vaccination – this is important and helpful in your travels while in Canada and for your travels home at the end of your program

Completing Arrival Plans

- Download and complete the ArriveCAN App (available for iPhone and Android).
 - You **MUST** fill in this APP before departing. However, do not download and complete the app more than 72 hours before departure.
 - You will need to upload your vaccination records to the app
 - You will not qualify as being exempt from Quarantine if you do not fill out this APP
- Please also make sure you have handy your Homestay address and contact information
- When completed, you will receive an ArriveCAN receipt that you may be required to show when checking in at the airport and/or when arriving in Canada. I would recommend taking a screen shot of the receipt as well.
- You should see the letter A, I or V next to your name on the ArriveCAN receipt
- If you do not see an A, I or V next to your name on the ArriveCAN receipt, please contact your cultural support worker, Brent Gibson or Karen Symonds. Our numbers are at the end of this document in the resource section.

- The most up to date directions for completing the ArriveCAN APP can be found [HERE!](#)

Packing

All secondary school students need to have a cell phone and a laptop when coming to Canada for the 2022-2023 school year.

Please bring the following COVID related supplies -

- Masks – 30 disposable masks and/or 5 cloth masks
- One large bottle of quality hand sanitizer
- Box of Nitrile gloves
- Thermometer
- A minimum of 5 COVID tests

It is important that masks are of good quality and fit properly. If you have some, N95 (FFP2) masks are the best, followed by medical grade masks and then multi-layer cloth masks should they fit properly. Consider double-masking if you do not have N95 masks.

[Tips for Making Sure Masks Fit Properly](#)

Students should also, in their carry-on luggage, have at least 2 masks, a travel sized bottle of hand-sanitizer (100 milliliters or less) and some disinfecting wipes.

Please also make sure you have the following documents packed in your carry-on luggage in clear folders. Students should make sure they have both paper copies of all documents AND digital back-ups.

- Passport
- Letter of Acceptance
- Custodianship documents
- Study permit or permit confirmation document (Letter of Invitation) if you are staying for more than 5 months
- Homestay profile and contact information, or for those living with parents, information about where you are staying
- Pick-Up and Contact information sheet for our staff (Airport Arrival Sheet)
- Records of all COVID vaccinations
- Copy of this document, signed by yourself and your parents

- If you have a proof of recovery document (a positive molecular test conducted at least 10 days before arrival in Canada and no more than 180 days before arrival in Canada, please bring this document as well. Doctor's letters or positive antigen test results should not be brought

Please also bring a change of clothes and travel appropriate snacks.

If you have recently received a new passport and or study permit, please bring both the old AND new documents with you.

Airport and Flight

Do NOT board your flight if ...

- You have any COVID-19 symptoms, even if they are mild
- Are supposed to be quarantining or isolating
- Have tested positive or had symptoms of COVID in the last 10 days
- Are waiting for the results of a COVID-19 test
- Have recently been in close contact with someone who has or is suspected of having COVID 19
- Have not completed your ArriveCAN APP

For more travel advice, please click [HERE!](#)

Wear a Mask

- Wear a good quality, well-fitted mask (or double mask) in the airport at all times. Masks are mandatory on flights as well as in the Vancouver Airport.

Wash hands frequently and avoid touching your face

Practice Physical Distancing

- Be aware of your surroundings
- Avoid busy areas of the airport
- Avoid unnecessary movement within the airport – go to your gate and stay in one place
- If they are open, avoid restaurants and food kiosks

Use hand sanitizer when necessary

- If you are unable to wash your hands regularly at the airport or during your flight, please use hand-sanitizer, especially if you touch anything on the plane and before you eat.

Sanitize your personal space and high touch areas

- Before sitting down on the airplane, wipe down your seat area, including armrests, seatbelt buckle, eating tray, touch screens and remote controls, etc. with a good quality disinfecting wipe.

Minimize trips to the washroom

- Of course, use the washroom as needed, but avoid moving around the plane if not necessary. When using the washroom make sure to flush the toilet with the seat down and wash your hands thoroughly afterwards. Avoid opening the door with your bare hand after washing your hands.

Touch as few surfaces as possible

- Keep your hands to yourself.
- Avoid touching surfaces unnecessarily in the airport. When that is unavoidable (checking in, going through security, etc.) wash your hands thoroughly immediately after.

Keep your cell phone charged

- You will need your cell phone to contact your homestay family or the person who is picking you up when you arrive. Please make sure that it is charged throughout the flight.
- If you are using your phone throughout the flight to watch movies or play games, please wipe it down with a disinfecting wipe frequently.

Bring a refillable water bottle with you.

If you need help at the Airport go to the Information desk or look for volunteers who can help you.

Arrival at Vancouver Airport

Upon arrival in Canada proceed through the airport while maintaining physical distancing (2m away from other people) and wearing a mask.

Have the documents outlined under 'Packing' ready to provide to Canada Border Services. Border Services prefers these documents in paper form. Do have a digital back up, however, just in case.

Students will also be required to undergo a screening by a border services or quarantine officer to assess for COVID symptoms.

Wear a fresh mask

- You should be wearing a mask throughout your flight
- When you arrive, please dispose of that mask, thoroughly wash your hands and put on a new mask. Consider double-masking
- Avoid touching surfaces in the airport, and when you do, immediately wash your hands
- You will keep your mask on until you arrive in your homestay or place where you will be living

Text your host family/person who is picking you up (if not with parents)

- Once you have left the plane, immediately text/what's app your homestay to let them know you have arrived and that you are off the plane
- Text/What's App them again when you have picked up your luggage

Be prepared to answer questions from Border Services agents

- Have print outs or screenshots of your plans and documents
- Know the name and address of your host family (bring your homestay profile)
- Bring any documents provided to you by the school district (including this document)
- Know the name of the person who is picking you up and how you are getting to your homestay or where you are staying
- Be able to show the ArriveCAN App confirmation code on your phone (with your name visible on it)

Canada Border Services will review the documentation of a fully vaccinated student (including what has been entered on the ArriveCAN app) and determine whether the documentation meets the necessary requirements to be exempt from 14 day quarantine.

The Canada Border Services agent will make the final determination. If you are asked to quarantine, please contact our staff immediately.

You will cross border services in your first port of entry into Canada. As well, if you have arranged for a study permit, that also must be picked up from your first port of entry and then proceed to your connecting flight.

Proceed through immigration and baggage pick up while maintaining physical distancing

- Don't rush. Take your time and keep plenty of space between you and others.
- If you are a new student who has a study permit approval letter, **PLEASE MAKE SURE YOU GET YOUR LUGGAGE AND THEN PICK UP YOUR STUDENT PERMIT BEFORE EXITING THE ARRIVALS HALL.**
- Message your host family when you have your luggage and again when you have picked up your Study Permit

Random Upon Arrival Testing

Random on arrival testing has been reinstated in Canada. If selected for random testing, the student will receive an email 15 to 30 minutes after clearing customs. It is VERY important that they check email. It cannot be ignored or forgotten about.

Please remember to complete your ArriveCan App within 72 hours of arrival or you will not be considered fully vaccinated, will need to Quarantine and may be subject to a fine as well. Students need to register for the ArriveCan App with their personal email address and must be able to access and check that email account shortly after arrival in Canada.

- If selected for testing, the email will come from one of the following addresses
 - o noreply.pasdereponses@notification.canada.ca
 - o quarantine.covid19.quarantine@phac.aspc.gc.ca.
- The email will come to the same email address used in the ArriveCAN app
- Instructions for completing the test will be provided in the email. Students should immediately share the email with their host family or an adult they will be staying with for assistance
- If there is a choice of picking up a self-swab test at a pharmacy or doing the test in person **please pick the in- person option**
- The test **MUST** be completed by the next calendar day after arrival. So, for example, if the student arrives on Saturday, August 27th and is asked to test, the test must be completed **BEFORE** the end of the day on August 28th. My recommendation would be to do the test on the way home from the airport. Locations and instructions to schedule the test will be provided in the email that is received.
- Please keep your ArriveCAN receipt number as that will be required at the testing centre as well as the email notification
- If you have a positive Molecular test from no less than 10 days prior to arrival and no more than 180 days from arrival, you are exempt from any testing you are requested to do
- If you do not complete the test you will be contacted by phone (1-888-336-7735) and potentially subject to a fine

If your first port of entry is not Vancouver, we EXPECT that you will either be given a take home test to complete when you arrive in Vancouver OR there will be a testing option inside the airport at your port of entry OR you will be able to complete your test at a facility in Vancouver. We expect more information on this and will update you at our pre-departure Zoom meetings. Again, it is always preferable if Vancouver is your first port of entry.

You are not required to isolate or quarantine while waiting for test results. Please ask at the testing facility how you will receive your results. If it is a positive or inconclusive result, please contact your cultural support worker, Brent or Ms. Karen immediately.

The processing order is ...

- 1) Canada Border Services
- 2) Luggage Pick Up
- 3) Study Permit
- 4) Leave the airport
- 5) COVID test (if instructed to do so)

If in our homestay program, please meet your host family INSIDE the airport arrivals zone. Do not exit the airport without connecting with your host family. If you cannot find them, please ask a volunteer for help.

Load your own luggage into the car and sit as far away from the driver as possible

- Although your host family will be excited to greet you, please be cautious in your first few days in Canada
- Your host family may not be comfortable hugging you or shaking your hand at first. Do not take offense!

Students may be asked to wear a mask in the car and even in areas of the home for the first few days. Please carefully monitor yourself for symptoms. If you have any COVID symptoms, please let your host family know and do not attend camp.

Wearing a mask is not mandatory outside of the Vancouver Airport. However, you may choose to wear a mask for the health and safety of yourself and others.

After Arrival

Awaiting Test Results

- if you were tested, you should receive your results in no more than 4 days
- if it has been more than 4 days with no result, please reach out to Brent or Karen (contact information at the back of this package)
- if your test comes back inconclusive, contact Brent or Karen for assistance. You will be required to take another test immediately.
- if your test comes back as positive, you will be required to isolate. In this case, contact Brent, Karen or your homestay coordinator and we will arrange a zoom call with you and your host family to discuss the processes and procedures. You will isolate for 10 days and report your positive test results to the Public Health Agency of Canada – 1-833-641-0343

Quarantine for those Unvaccinated

- If a travelling parent is unvaccinated, if a travelling parent experiences symptoms or if a travelling parent is arriving with an unvaccinated child under 12 years of age, both the parent and the child must quarantine for 14 days and contact PHAC at 1-833-641-0343
- For instructions on how to isolate, please see the link [HERE](#) and the document [HERE](#)
- For support, please also immediately contact the appropriate cultural support worker (numbers in the resource section)

Responsibilities

- All travellers are responsible for monitoring their symptoms upon arrival
- All travellers are responsible for reporting positive test results they receive
- All travellers are responsible for wearing a mask through their entire journey
- Unvaccinated children aged 5 through 11 are required to wear a mask in public settings for 14 days after arrival in Canada

Start Connecting with your Family and Community

Registration, Orientations and First Day of School

- Watch for and follow information that has been and will be provided about the registration process, orientations and the first day of school
- Secondary students, please also frequently check your Delta Learns emails for information

If a Student or Family Member Develops Symptoms or is Diagnosed with COVID-19

If anyone in a household is experiencing even mild symptoms including fever, chills, cough, shortness of breath, loss of sense of smell, headache, muscle ache, fatigue or loss of appetite they should inform the host family and our program AND

- Complete the self-assessment tool – [CLICK HERE](#)

- Follow the directions outlined on the self-assessment tool or by the nurses on 8-1-1
- Do a rapid test
- Follow the directions of the Public Health Authority
- Currently, those who are COVID positive must self-isolate for 5 days

More Resources

Please have a look at all of the embedded resources in this document (indicated by the blue text). For further reading on preparation for contact with and care for individuals exposed to COVID- 19, please refer to the following:

- British Columbia Public Health Orders and Recommendations - <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions>
- Tips for proper hand washing - <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention-risks/hand-washing>
- British Columbia Centre for Disease Control COVID information site - [COVID-19 \(bccdc.ca\)](https://www.bccdc.ca/covid-19)

Staff Contacts

- * Karen Symonds - Director of International Programs - 604-396-6862
- * Brent Gibson -Homestay Manager - 604-319-0493
- * Dean Eichorn - District Administrator International Programs - 778-549-6891
- * Claire George District Administrator International Programs - 604-562-4064
- * Dongmei (Lily) Yang - Chinese Support - 604-790-9304
- * Elaine Chu - Korean Support -778-988-6069
- * Akane Nishikiori - Japanese Student Support -604-841-0123
- * Israel Aucca - Portuguese/Spanish Support - 604-230-0299
- * Tiana Pham - Vietnamese Support - 604-861-8876
- * Teri Gallant: 604-319-2575 (Homestay Coordinator - Delta Secondary)
- * Tania Hope: 604-612-1465 (Homestay Coordinator - Sands, Delview, North Delta Secondary)
- * Gillian Patrick: 604-612-4020 (Homestay Coordinator - South Delta Secondary)
- * Michele Ramsden: 604-329-0373 (Homestay Coordinator – Burnsvew, Seaquam)

Student and Natural Parent Pre-Departure Declaration

Please complete this portion of the form and email to skang@GoDelta.ca by August 17th, 2022.

Each of the undersigned fully understands these Protocols and agrees to all of its requirements. Parents and students in Delta Homestay certify that they meet the requirements to be considered fully vaccinated in Canada and agree not to attend programming if feeling ill. Those in private situations and who are not vaccinated agree to follow PHAC and Quarantine Law requirements. Should students have to Quarantine or Isolate for any reason while in Delta, all parties agree to follow local, provincial and federal regulations and requirements and understand that there is no refund of any fees. Students understand that any violation of the terms of any expectations will result in immediate removal from the Homestay Program. Custodianship services will be cancelled and the student will have to return to the care of their natural parent(s) or an alternative custodian as legally authorized through a document notarized in Canada and in the home country of the student. If this is not feasible, students will be dismissed from the program and will return to their home country. The undersigned fully understands that exemption from Quarantine for fully vaccinated students is at the discretion of Canada Border Services, and, if directed to Quarantine, agree to follow Quarantine directives and procedures. All parties agree to follow directives regarding arrival testing.

Student Arrival Date _____

Date of first vaccine _____

Date of second vaccine _____

Student Full Name (print)			
Signature		Date	
Full Name			
Signature		Date	
Relationship	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Legal Guardian <input type="checkbox"/> Other (please specify):		
Full Name			
Signature		Date	
Relationship	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Legal Guardian <input type="checkbox"/> Other (please specify):		

Student Email Address: _____